

# Single Herb Tinctures Product List

## Product List

Common Name

- ♣ organic
- \* wild
- ∫ tested/chemical free

♣ Alfalfa ( <i>Medicago sativa</i> ) Long infused & tinctured
♣ Angelica archangelica
♣ Anise ( <i>Pimpinella anisum</i> )
♣ Arnica ( <i>A. Montana</i> )
♣ Artichoke ( <i>Cynara</i> )
♣ Ashwaghandha ( <i>Withania somnifera</i> )
♣ Asparagus root ( <i>Asparagus racemosa</i> ) Decocted & Tinctured
♣ Astragalus ( <i>Astragalus membranaeueus</i> )
♣ Atractylodes ovata ( <i>Bai zhu</i> )
♣ Barberry ( <i>Berberis vulgaris</i> )
* Beth root ( <i>Trilium pendulum</i> )
* Bilberry ( <i>Vaccinium spp.</i> ) Fresh
♣ Bitter Melon ( <i>Momordica charantia</i> )
* Black Cohosh ( <i>Cimicifuga racemosa</i> )
* Black Haw ( <i>Viburnum prunifolium</i> )
* Black Walnut ( <i>Juglans nigra</i> )
* Bladderwrack ( <i>Fucus vesiculosus</i> ) Decoted & Tinctured
♣ Blessed thistle ( <i>Cnicus</i> )
* Blue Cohosh ( <i>Caulophyllum thalictroides</i> )
* Blue Flag ( <i>Iris versicolor</i> )
* Blue Vervain ( <i>Verbena off.</i> )
* Boldo ( <i>Peumus boldus</i> )
♣ Boneset ( <i>Eupatorium perfoliatum</i> )
♣ Borage ( <i>Borago officinalis</i> )
♣ Brahmi ( <i>Bacopa monnieri</i> )

* Buchu ( <i>Barosma betulina</i> )
* Buckthorn ( <i>Rhamnus cathartica</i> )
♠ Bugleweed ( <i>Lycopus americanus</i> )
♠ Bupleurum ( <i>Bupleurum chinensis</i> )
♠ Burdock ( <i>Arctium lappa</i> )
* Butcher's Broom ( <i>Ruscus acuelatus</i> )
* Butterbur root ( <i>Petasites palmatum</i> ) Fresh
♠ Calendula ( <i>Calendula off.</i> )
♠ California Poppy ( <i>Eschscholzia cal.</i> ) Fresh
* Cascara Sagrada ( <i>Rhamnus purshiana</i> )
♠ Catnip ( <i>Nepeta</i> )
♠ Cat's Claw ( <i>Uncaria tomentosa</i> )
♠ Cayenne ( <i>Capsicum annum</i> )
♠ Celandine ( <i>Chelidonium majus</i> ) Fresh
* Chaga ( <i>Inonotus obliquus</i> ) Decocted & Tinctured
♠ Chamomile ( <i>Matricaria recutita</i> )
* Chapparal ( <i>Larrea tridentate</i> )
♠ Cilantro ( <i>Coriandrum sativum</i> ) Fresh
♠ Cinammon ( <i>Cinnamomum cassia</i> )
* Cleavers ( <i>Galium aparine</i> ) Fresh
♠ Codonopsis ( <i>Codonopsis pilosula</i> )
* Coleus forskohlii
* Coltsfoot-Western ( <i>Petasites palmatus</i> ) Fresh
♠ Coltsfoot ( <i>Tussilago farfara</i> )
♠ Comfrey Root ( <i>Symphytum off.</i> ) Long infused & Tinctured
♠ Coriander leaf ( <i>Coriandrum Sativum</i> ) Fresh
♠ Cornsilk ( <i>Zea mays</i> ) Long infused & Tinctured
∩ Corydalis
♠ Couchgrass ( <i>Elytrigia repens</i> ) Long infused & Tinctured
* Cramp Bark ( <i>Viburnum opulus</i> )
* Cranesbill ( <i>Geranium maculatum</i> )
♠ Damiana ( <i>Turnera diffusa</i> )
♠ Dandelion leaf ( <i>Taraxacum off.</i> )
♠ Dandelion root ( <i>Taraxacum off.</i> )
♠ Dang Quai ( <i>Angelica sinensis</i> )
* Devil's Claw ( <i>Harpagophytum proc.</i> )
* Devils Club ( <i>Oplonanax Horridum</i> )
* Dragon Bone ( <i>Os draconis</i> ) Decocted & Tinctured
♠ Echinacea ( <i>Purpurea &amp; Augustifolia</i> )
♠ Elecampane ( <i>Inula helenium</i> )
♠ Elder flowers ( <i>Sambucus canadensis</i> )

♠ Elderberries ( <i>Sambucus nigra</i> )
♠ Eleuthero ( <i>E. senticoccus</i> )
♠ Eyebright ( <i>Euphrasia</i> off.)
♠ Fennel seed ( <i>Foeniculum vulgare</i> )
♠ Fenugreek seed ( <i>Trigonella foenum</i> )
♠ Feverfew ( <i>Tanacetum parth.</i> )
♠ Figwort ( <i>Scrophularia nodosa</i> )
♠ Fleece Flower ( <i>Polygonum multiflorum</i> )
* Frankincense ( <i>Boswellia serrata</i> )
* Fringetree ( <i>Chionanthus virginicus</i> )
* Gale of the Wind ( <i>Phyllanthus niruri</i> )
♠ Garlic ( <i>Allium sativum</i> )
♠ Gentian ( <i>Gentiana lutea</i> )
♠ Ginger ( <i>Zingiber</i> off.)
♠ Gingko ( <i>Gingko biloba</i> )
♠ Ginseng - American ( <i>Panax quincquef.</i> )
♠ Ginseng - Korean ( <i>Panax ginseng</i> )
♠ Goat's Rue ( <i>Galega</i> off.)
* Goldenrod ( <i>Solidago virgaurea</i> )
♠ Goldenseal ( <i>Hydrastis canadensis</i> )
♠ Gotu Kola ( <i>Centella asiatica</i> )
♠ Gravel root ( <i>Eupatorium purpuream</i> )
♠ Green Tea ( <i>Camelia sinensis</i> )
* Grindelia ( <i>Grindelia squarrosa</i> ) Fresh
* Guggul ( <i>Commiphora wightii</i> )
♠ Gymnema ( <i>Gymnema sylvestre</i> )
♠ Hawthorne Berries, Flowers & Leaves ( <i>Crataegus</i> )
♠ Holy Basil ( <i>Ocimum tenuiflorum/gratissimum</i> )
* Honeysuckle flowers ( <i>Ionicera</i> )
♠ Hops ( <i>Humulus lupulus</i> )
♠ Horse Chestnut ( <i>Aesculus hippocastanum</i> )
♠ Horsetail ( <i>Equisetum arvense</i> ) Long infused & Tinctured
♠ Horehound ( <i>Marrubium vulgare</i> )
♠ Horseradish ( <i>Armoracia rusticana</i> )
* Horsetail ( <i>Equisetum arvense</i> ) Long infused & Tinctured
* Hydrangea root ( <i>H. Arborescens</i> )
♠ Hyssop ( <i>Hyssopus</i> off.)
♠ Indigo Woad ( <i>Isatis tinctoria</i> )
* Jamaican Dogwood ( <i>Piscidia erythrina</i> )
* Japanese Knotweed ( <i>Polygonatum cuspidatum</i> )
* Juniper berries ( <i>Juniperus communis</i> )

♣	Kava ( <i>Piper methysticum</i> )
∫	Khella seeds ( <i>Ammi visnaga</i> )
♣	Lady's Mantle ( <i>Alchemilla vulgaris</i> )
♣	Lavender ( <i>Lavendula augustifolia</i> )
♣	Lemon Balm ( <i>Melissa off.</i> ) Fresh
♣	Licorice Root ( <i>Glycyrrhiza glabra</i> )
*	Lily of the Valley ( <i>Convallaria majalis</i> )
♣	Linden flowers ( <i>Tilia europaea</i> )
♣	Lobelia ( <i>Lobelia inflata</i> ) Fresh
*	Lomatium ( <i>Lomatium dissectum</i> )
♣	Lycii/Gogii berries ( <i>Lycium sinensis</i> ) Decocted & Tinctured
∫	Ma huang ( <i>Ephedra chinensis</i> )
♣	Maca ( <i>Lepidium meyenii</i> )
♣	Maitake ( <i>Grifola frondosa</i> ) Decocted & Tinctured
♣	Marshmallow root ( <i>Althea off.</i> ) Long infused & Tinctured
♣	Meadowsweet ( <i>Filipendula ulmaria</i> )
♣	Milk Thistle ( <i>Silybum marianum</i> )
∫	Mimosa Bark ( <i>Albizia</i> )
∫	Mimosa Flowers ( <i>Albizia</i> )
♣	Mistletoe ( <i>Viscum album</i> )
♣	Motherwort ( <i>Leonorus cardiaca</i> )
♣	Mullein leaf ( <i>Verbascum thapsus</i> )
*	Muir Puama ( ( <i>Liriosma cupana</i> )
*	Myrrh gum ( <i>Commiphora molmol</i> )
♣	Neem ( <i>Azadirachta indica</i> )
♣	Nettle leaf ( <i>Urtica dioica</i> ) Long infused & Tinctured
♣	Nettle root ( <i>Urtica dioica</i> )
*	Nettle seed ( <i>Urtica dioica</i> )
♣	Noni fruit ( <i>Morinda citrifolia</i> )
♣	Oat seed ( <i>Avena sativa</i> ) Milky stage
♣	Oatstraw ( <i>Avena sativa</i> ) Long infused & Tinctured
♣	Olive leaf ( <i>Olea europaea</i> )
♣	Oregon Grape Root ( <i>Mahonia aquifolium</i> )
*	Osha ( <i>Ligusticum porteri</i> )
♣	Parsley root ( <i>Petroselinum crispus</i> )
*	Partridge berry ( <i>Mitchella repens</i> )
♣	Passionflower ( <i>Passiflora incarnata</i> )
*	Pau D'Arco ( <i>Tabebuia heptaphylla</i> )
*	Pellitory of the Wall ( <i>Parietaria</i> )
∫	Peony -Red ( <i>Peonia spp.</i> )
♣	Peony root - White ( <i>Peonia spp.</i> )

* Periwinkle ( <i>vinca minor</i> )
* Pipsissewa ( <i>Chimaphila umbellata</i> )
♣ Peppermint ( <i>Mentha piperita</i> )
* Pleurisy root ( <i>Asclepias tuberosa</i> )
♣ Poke root ( <i>Phytolacca americana</i> )
∩ Poria ( <i>Poria cocos</i> ) Decocted & Tinctured
* Prickly Ash Bark ( <i>Zanthoxylum clavus</i> )
♣ Privet berries ( <i>Ligustrum lucidum</i> )
♣ Puncture vine ( <i>Tribulus terrestris</i> )
* <i>Pygeum africanum</i>
♣ Raspberry leaf ( <i>Rubus ideaus</i> )
* Red Cedar Tips ( <i>Thuja</i> ) Fresh
♣ Red Clover blossoms ( <i>Trifolium pratense</i> )
♣ Red Sage root ( <i>Salvia milthiorrhiza</i> )
* Red Root ( <i>Ceanothus americanus</i> )
♣ <i>Rehmannia</i> ( <i>R. glutinosa</i> ) Decocted & Tinctured
♣ Reishi ( <i>Ganoderma lucidum</i> ) Decoted & Tinctured
♣ <i>Rhodiola</i> root ( <i>Rhodiola rosea</i> )
♣ Rhubarb-Turkey ( <i>Rheum palmatum</i> )
♣ Rose - Damask ( <i>Rosa damascena</i> ) Fresh
♣ Rosemary leaf & flower ( <i>Rosmarinums spp.</i> ) Fresh
♣ Safflowers ( <i>Flos Carthami</i> )
♣ Sage ( <i>Salvia off.</i> )
* Sarsparilla ( <i>Smilax ornate</i> )
♣ Saw Palmetto Berries ( <i>Serenoa serrulata</i> )
♣ Schizandra berries ( <i>Schizandra chinensis</i> )
* Scullcap ( <i>Scutellaria lateriflora</i> ) Fresh
♣ Scullcap root (Baikal)
♣ Shatavari ( <i>Asparagus racemosa</i> ) Decocted/ tinctured
♣ Shepherd's Purse ( <i>Capsella bursa pastoris</i> ) Fresh
♣ Slippery Elm ( <i>Ulmus fulva</i> ) Long infused & tinctured
* Solomon's Seal root ( <i>polygonatum biflorum</i> )
* St. John's Wort buds & flowers ( <i>Hypericum perforatum</i> ) 1:2 Fresh
∩ Stephania ( <i>S. Tetrandrae</i> )
* <i>Stillingia</i>
* Stone Root ( <i>Collinsonia canadensis</i> )
* Sweet Annie ( <i>Artemisia annum</i> )
♣ Teasel root ( <i>Dipsacus sylvestris</i> )
♣ Thyme ( <i>Thymus vulgaris</i> )
* Turkey Tails ( <i>Trametes versicolor</i> ) Decocted & Tinctured
♣ Turmeric root ( <i>Curcuma longa</i> )

* Usnea (Usnea barbata)
* Uva Ursi (Arctostaphylos uva urse)
♠ Valerian root (Valeriana off.)
♠ Vitex/Chaste tree berries (Vitex agnus-castus)
* White Willow bark (Salix alba)
* Wild Cherry bark (Prunus emarginata)
* Wild Indigo (Baptisia tinctoria)
* Wild Lettuce (Lactuca quercina)
* Wild Yam (Dioscorea villosa)
* Witch Hazel (Hamamelis virginiana)
* Wormwood (Artemisia absinthium)
♠ Yarrow (Achillea millefolium)
♠ Yellowdock root (Rumex crispus)
* Yerba Santa (Eriodictyon californicum)
* Yew bark (Taxus brevifolia)
* Yohimbe (Pausinystalia johimbe)
♠ Zizyphus seeds (Z. spinosa) Decocted & Tinctured

\*Prices subject to change without notice

September 2019



[www.naturalknowhow.com](http://www.naturalknowhow.com)

604 993 0169

[natknowhow@gmail.com](mailto:natknowhow@gmail.com)